

# Murchison Monologue



Can

You

Guess?

What

I

Am?

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## ADVERTISING

Full page colour	\$80
1/2 page colour	\$45
1/4 page colour	\$25
Full page black & white	\$22
1/2 page black & white	\$12
1/4 page black & white	\$6

## CONTRIBUTIONS TO THE MONOLOGUE

If you have any articles or information about events or photo's you wish to share with our readers, then please do not hesitate to contact the office. We would love to

Hello, Did you guess What I am?  
Emma found me heading towards a clay pan after the rain in May. Check out the other photo's of the water at Yuin. hmm.. Choices where shall I go next.....





## *from the Work Supervisor*



### Construction Crew - Next 3 months

#### **Beringarra/Pindar Road.**

- 7 new bunds /contour banks and drains 33km north of Yuin.
- 1.8km gravel sheeting, 59km North of Pindar
- 1km of Dust Suppression - gravel sheeting in readiness for bitumen, Yuin homestead. Please take care as triple road train carting gravel 5km south of Yuin to Yuin homestead.
- Repairs to contour banks and drains (just south of Murgoo woolshed).
- 1km Dust Suppression - Gravel sheeting in readiness for bitumen, Pia Community. Please take care triple road train carting gravel from 4km south of Pia to Pia Community.

#### **Carnarvon/Mullewa Road**

- 4km gravel sheeting - 15km south of Byro homestead.
- 3km section of reforming /shaping road plus drains 22km south of Byro.
- 2.5km of rebuilding/rolling calcrete section 30km south of Byro.
- 1.3km of reforming road plus calcrete sheeting 32km south of Byro.

#### **Woodleigh/Byro Road**

- Straightening up of some corners and gravel sheeting in sandy/stony section.

### Maintenance Crew—Next 3 months (weather permitting)

#### **Wooleen/Twin Peaks road**

- Carnarvon/Mullewa – patch grade only as some section under flood damage claim.
- Wooleen/Mt Wittenoom
- Wooleen/Boolarly
- Mt Wittenoom
- Mc Nabbs/Twin Peaks
- New Forrest/Yallalong /Coolcalalaya road - patch grade
- Boolardy/Kalli road

### Contractor - Road Maintenance

- Beringarra-Pindar Road only
- Crew have started a full maintenance grade from the south boundary at Pindar doing the 5.5km in the shire of CGG and have worked their way up to the 45km mark.
- With all the heavy rain at Yuin (140mm) crew have moved to Boolardy homestead and have started a heavy maintenance grade from Pia/Boolarly boundary to the MRO site.

### Flood Damage

- The flood damaged roads in the north of the shire have been inspection by the shire engineer, MRD representative and shire work supervisor.
- The Estimated repairs cost is \$2,163,084.31.
- The flood damaged roads in the south of the shire have been included in the shire's claim to AGRN for damage sustained to roads on 5-9 May 2014. These roads will be inspection for estimated repair costs shortly.
- All works on these flood damaged sections will commence soon so please take care when travelling through road works and obey all signs.

### Settlement

- The new rubbish tip at the settlement is almost finished with one side of the fencing to be completed and gates to be installed. Excavator has been out and dug the hole for the tip and leach drains for new housing and caravan dump point.
- New transportable for staff housing is on site.
- Good news - It appears that in the 14/15 budget our CLGF funding has been re-instated which allows us to proceed with installing a bowling green, new laundry and 3 self contained units for the roadhouse.
- Our new Senior Finance Officer Candice Smith is due to commence on the 9th of June and her partner and new plant operator Dale Murphy will commence work with the construction crew shortly after. A warm welcome is extended to both Candice and Dale.

Until my next report have a good winter and remember to drive with care on gravel roads.

*Brian Wundenberg - Work Supervisor*

# MURDOCH UNIVERSITY STERILISATION PROGRAM

Veterinary students from Murdoch University under the guidance of Professor Robinson will be travelling to Murchison to perform pet checks, sterilization's and vaccinations. Micro chipping will also be available.

**Sterilisation and pet checks are FREE**

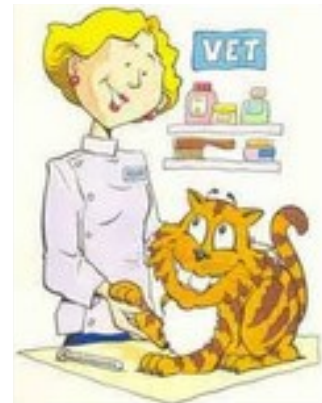
**Vaccinations \$25**

**Micro chipping \$55**

**DATE: Monday 7 July 2014**

**VENUE: Pavilion**

**TIME: From 8:00am**



This service is for ALL residents in the Murchison Settlement and pastoralist in the Shire of Murchison.

Please contact the Shire by 20 June 2014 to register your interest in having your pet sterilised and micro chipped. Please identify any other treatments required so the appropriate stocks can be provided

There are limited sterilisation opportunities available.

For further information please call the Shire office on 99637999

## **NOTE:**

From November 1 2013, ALL cats must be sterilised, micro chipped and registered.

ALL dogs must be micro chipped and registered.





**Book Launch @  
Geraldton Regional Library**

# *The Flying Bushman* by Greg Keynes

The book, *The Flying Bushman*, is a collection of Australian short stories and photographs from the "real bush". Greg was a helicopter pilot in his previous life and over the years has acquired a unique collection of stories and aerial photographs of the Australian outback.

Copies of the e-book can be purchased from:  
<http://www.amazon.com.au/dp/B00J4LDH92>



**Thursday 19 June  
5.30 - 7.30pm**

Refreshments will be served  
RSVP 9956 6659 or email the Library at:  
[library@cgg.wa.gov.au](mailto:library@cgg.wa.gov.au)





# ANZAC DAY 25th APRIL



They shall grow not old, as we that are left grow old:



We  
will  
Remember

Age shall not weary them, nor the years contempt

As we were unable to have an Anzac Service at the Shire of Murchison I put a display on in the Shire Office. It was on display for a month. I hope the locals and tourist were able to have a look at it as I found a few of our brave soldiers were born at Murchison WA.



At the going down of the sun and in the morning



# Sturt's Desert Pea

Each Month I will research a plant that grows around the Murchison.

This month I have the *Swainsona Formosa*, Sturt's Desert Pea

It is an Australian plant in the genus *Swainsona*, named after English botanist Isaac Swainson, famous for its distinctive blood-red leaf-like flowers, each with a bulbous black center, or "boss". It is one of Australia's best known wildflowers. It is native to the arid regions of central and north-western Australia, and its range extends into all mainland Australian states with the exception of Victoria

Specimens of Sturt's Desert Pea were first collected by William Dampier who recorded his first sighting on 22 August 1699. These specimens are today in the Fielding -Druce herbarium at Oxford University in England. The common name honours Charles Sturt, who recorded seeing large quantities of the flower while exploring central Australia in 1844. the second version of the scientific name honours the naturalist Isaac Swainson, and the third (rejected) version of the scientific name was Intended to honour the explorer William Dampier

The Sturt's Desert pea is a member of Fabaceae subfamily Faboideae. It has pinnate, grey-green leaves which are arranged spirally on the main axis of the plant. It's flowers are so different from its relatives that it is almost unrecognizable as a member of the pea family. The flowers are about 9 centimeters in length and grow in clusters of around half a dozen on thick vertical stalks, which spring up every 10 to 15 centimeters along the prostrate stems in a bright red, which may be up to 2 meters in length.



The plant flowers from spring to summer, particularly after rain. There is a natural pure white form as well as hybridized varieties which can have flowers ranging from blood scarlet, to pink and even pale cream, with variously colored central bosses. It is well adapted to life as a desert plant. The small seeds have a long viability, and can germinate after many years. Seeds have a hard seed coat, which protects them from harsh arid environments until the next rainfall.

Sturt's Desert Pea is not endangered but it is illegal to collect specimens of the plant from Crown Land without a permit. Also plants must not be collected from private land without the written consent of the owner.

Sturt's Desert Pea was adopted as the floral emblem of the state of South Australia on the 23 November 1961.



## Shire of Murchison Transfer Vehicle

Last year we purchased an ambulance from St John Ambulance and modified it out as a Transfer Vehicle. This required the Shire removing flashing lights, sirens and other small items off the vehicle as it is illegal to have these items if it is not an ambulance.

Our community transfer vehicle is a vehicle for transportation of sick or injured people to, from or between places of treatment for an illness or injury.

Leanne and myself had to assist in a person being loaded on to the RFDS plane last year and as I was working in the office and Leanne was in her outside work clothes, there was no time to change.

We came up with the idea that we really need to have some way of letting the injured or ill person know that we are there to help them, and came up with the vest with Transport Driver on the back, and the Shire of Murchison logo on the front. I feel sure that if at any time any one of us might require assistance, we would feel much more comfortable with someone wearing something that looks like they know some first aid training.

Our models for this photo are Steve Goodbourn and Toggie.

Toggie is Steve and Jenny's black dog, so you might find him hard to see.

If anyone's wishing to employ Steve or Toggie for further modeling jobs please contact me as I am their agent. ( Peta ) ☺



# Wild Dogs Bounty Scheme

## Pastoralists

The shire of Murchison has developed a wild Dog Bounty Scheme to aid in the control of wild dogs on properties. Details as follows:-

The Shire of Murchison Wild Dog Control Bounty Scheme has been developed to offer a bounty of \$100 per dog for every wild dog killed.

Doggers and professionals are excluded from the scheme.

It covers all stations within the shire of Murchison except for those covered by the state's trial scheme which is being established in conjunction with the Meekatharra Rangelands Biosecurity Association. Bounty payments for dogs killed on those stations can be claimed under that scheme.

All claims are to be made by the station owner/manager. Persons destroying the dog must take the scalps to the property owner/ manager. The property owner/manager makes their own arrangements with the person who destroyed the dog regarding payment.

Scalps are defined as the two ears and the strip of scalp connecting them and the tail.

Property Owner/Manager must complete the form with all details and verify number of scalps.

Property Owner/Manager is then responsible for getting the forms and the scalps to one of the three regional coordinators for authorisation.

Once regional coordinators have authorised payment the form is to be sent to the Shire of Murchison who will make the payment to the claimant and maintain a data base of all the details.

Regional Coordinators are:-

Mark Halleen

Boolardy Station Tel: 08 9963 7987

Andrew Whitmarsh

Byro Station Tel: 08 9961 3870

Reg Seaman

Murgoo Station Tel: 08 9963 7985



**Scalps are not to be taken directly to the Shire of Murchison**

The wild dog bounty scheme is proceeding well with 14 claims processed to date.

Nookawarra 4 dogs

Mt Narryer 3 dogs

Ballythuna 1 dog

Byro 2 dogs

Billabalong 1 dog

Boolardy 1 dog

Murchison settlement 2 dogs



# For Sale

## Early 1990 Nissan Tray Back Ute



\$1500.00



Neat & Tidy

Near new wide tyres + 2 spares, air ride  
driver's seat

Licensed until August 2014

Vehicle is located at Manfred station. If you are interested and require further details, please phone either Sandy McTaggart on 99637972. Andrew Whitmarsh on 99613870 or Mark Halleen on 99637987.

### *If My Body Were a Car!*

*If my body were a car, this is the time I would be thinking about trading it in for a newer model.. I've got bumps and dents and scratches in my finish and my paint job is getting a little dull...*

*But that's not the worst of it.*

*My headlights are out of focus*

*And it's especially hard to see things up close*

*My traction is not as graceful as it once was. I slip and slide and skid and bump into things even in the best of weather.*

*It takes me hours to reach my maximum speed. My fuel rate burns inefficiently.*

*But here's the worst of it,*

*Almost every time I sneeze, Either my radiator leaks or my exhaust backfires*







# Melissa Price MP

## Federal Member for Durack



### Exmouth to become Australia's space surveillance hub

22 May 2014

Federal Member for Durack Melissa Price has welcomed an announcement by the Minister for Defence David Johnston, of a combined space operations partnership with our partners in the UK, Canada and United States, which is set to significantly benefit Exmouth.

The partnership will allow for more effective and coordinated use of space capabilities through cooperation on activities such as identifying and understanding what objects are in space, ensuring uninterrupted satellite operations, and avoiding satellite collisions.

Ms Price said Australia's contribution to the combined space operations partnership will include provision of space surveillance data from capabilities to be established at Exmouth's Harold E. Holt Naval Communication Station.

"I am pleased Exmouth has been selected to play a key role in Australia's overall space operations and to be Australia's hub for improving space surveillance coverage in the southern hemisphere," Ms Price said.

"These operations will include a C-band radar and a Space Surveillance Telescope, which will be operated by the Royal Australian Air Force in cooperation with the Joint Space Operations Centre at Vandenberg Air Force Base, California, by 2017.

"The C-band radar will provide accurate warning of potential collisions in low to medium earth orbit, and tracking of objects falling to earth over Australia or our immediate region.

"The Space Surveillance Telescope will provide increased capability for search, detection and tracking of small objects such as debris."

Ms Price said this partnership agreement will allow Australia to continue exploring opportunities with our partners to further strengthen defence space cooperation, and represents a collective acknowledgement of the importance of space.

- End -

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# QUOTES FOR THE COMMUNITY

I HAVE PLACED 8 QUOTES IN THIS EDITION OF THE MOMOLOGUE. IF YOU CAN ANSWER THE QUESTION AS TO WHO WROTE THEM. PLEASE E-MAIL ME (PETA) AT [cso@murchison.wa.gov.au](mailto:cso@murchison.wa.gov.au)

A little quiz to keep the mind Active.



Our greatest glory consists not in never falling, but in rising every time we fall

You miss 100% of the shots you don't take .

There is no victory at basement prices.

Alone we can do so little; together we can do so much.

If you cannot do great things, do small things in a great way.

Whether it's the best of times or the worst of times, it's the only time we've got

The man with a new idea is a crank...until the idea succeeds.

Pleasure in the job puts perfection in the work.

## Here are some more quotes.

It is possible to be a master in false philosophy-easier, in fact, than to be a master in the truth, because a false philosophy can be made as simple and consistent as one pleases.

This was by George Santayana (1863-1952), Philosopher, essayist.

A creditor is worse than a slave-owner; for the master owns your person, but a creditor owns your dignity, and can command it.

By Victor Hugo (1802-1885), French poet, dramatist and novelist.

This one I like?

The only difference between a man and a woman climbing the ladder of success is that a woman is expected to put it in the closet when she's finished with it.

This was by Barbara Dale (b 1940), US cartoonist, and Jim Dale.

The working Woman's Book

### Words of the Day

**Anecdotal**— adj. Based on casual observations or indication rather than rigorous or scientific analysis: "There is anecdotal evidence that the stock will soon double in price."

**Sanguine** — adj. Cheerfully optimistic, hopeful, or confident: "A sanguine disposition;" "Sanguine expectations."

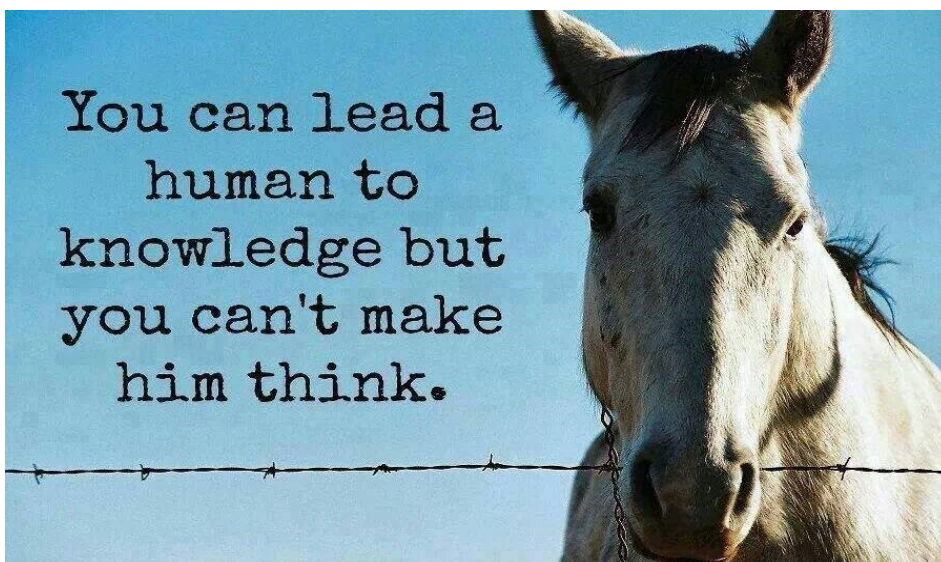
**Feckless** — adj. 1. Careless and irresponsible. "The kids were feckless during spring break." 2. Lacking purpose or vitality; feeble or ineffective—unlikely to be successful.

"It was a feckless attempt to make the company a success."

**Innocuous**— adj. 1 Having no adverse effect; harmless. 2 Not likely to offend or provoke to strong emotion; insipid. "The innocuous looking e-mail actually contained a virus."

**Plethora** — n. A superabundance; an excessive amount or number: "Upon returning from the trip, she had a plethora of calls to make."

**Ephemeral**— 1. Lasting for a markedly brief time: "The ephemeral nature of fashion trends." 2. Living or lasting only for a day, as with certain plants or insects.





# hbf Geraldton RUNFEST

## MARATHON 2014



5th & 6th July 2014

An event for Everyone!

**NEW** Junior RunFest (1,2 or 3 mile)

Geraldton Marathon & Half Marathon

10km Run & 10km Walk

5km Run & 5km Walk

*Registrations*

**On-line:** [Click Here to Register!](#)

**In-Store:** HBF, Northgate Shopping Centre

*More Information*

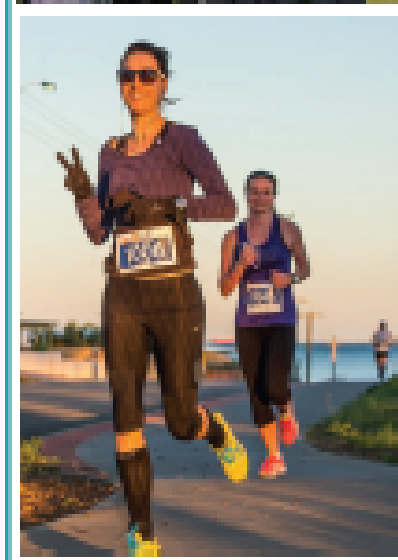
**Web:** [www.geraldtonharriers.com/runfest](http://www.geraldtonharriers.com/runfest)

**Enquiries:** [runfest@geraldtonharriers.com](mailto:runfest@geraldtonharriers.com)

**Total Prize Pool of \$9,000!**

Geraldton Harriers Club presents this event to the Community with thanks to generous Sponsors, Partners and Volunteers.

[Register Here!](#)



Geraldton Community Bank Branch



Bendigo Bank



WBHO | CIVIL





## DEFINITION OF A BBQ



It's the only type of cooking a real man will do.

When a man volunteers to do the BBQ the following chain of events are put into motion:

- 1) The woman goes to the shop.
- 2) The woman makes the salads, vegetables and dessert.
- 3) Two women prepare the meat for cooking, place it on the tray along with the necessary cooking utensils and sauces, and takes it to the man, who is lounging beside the bbq, beer in hand.
- 4) The man places the meat on the bbq
- 5) The woman goes inside to organize the plates and cutlery.
- 6) The woman comes out to tell the man that the meat is burning. He thanks her and asks if she will bring another beer whilst he deals with the situation.
- 7) The man takes the meat of the grill and hands it to the woman.
- 8) The woman prepares the plates and brings them to the table.
- 9) After eating, the woman clears the table and does the dishes.
- 10) Everyone praises the man and thanks him for his cooking efforts.
- 11) The man asks the woman how she enjoyed "her night off" and upon seeing her annoyed reaction, concludes that there's just no pleasing some women!

### MOZZIE REPELLENT

- 16 OZ BOTTLE
- 15 DROPS LAVENDER OIL
- 3 TABLESPOONS VANILLA EXTRACT
- ¼ CUP LEMON JUICE
- FILL WITH WATER



\*\*\*\*\*





# Melissa Price MP

## Federal Member for Durack



### Additional disaster assistance for Durack communities

29 May 2014

Federal Member for Durack Melissa Price has welcomed today's announcement that southern Gascoyne communities impacted by severe flooding in late April would receive additional disaster assistance.

The assistance is being provided under the jointly funded Commonwealth-State Natural Disaster Relief and Recovery Arrangements (NDRRA).

"Earlier this month, I announced disaster assistance for the communities of Exmouth, Yalgoo and the City of Greater Geraldton who were impacted by severe flooding on 26 and 27 April," Ms Price said.

"Today, I am pleased that Federal Minister for Justice Michael Keenan and WA Premier Colin Barnett have worked together to announce this additional assistance for the Shires of Ashburton and Murchison.

"Each of these shires will receive assistance for the restoration and replacement of public assets, such as roads, homes, businesses and farms that were damaged during the storms."

The range of assistance available, subject to eligibility, includes:

- Personal hardship and distress assistance for families and individuals
- Interest rate subsidies for small businesses and primary producers
- Freight subsidies for primary producers, and
- Financial assistance for local and state government authorities to assist with the restoration of damaged infrastructure and clean-up operations

Information about the range of assistance measures available can be found at [www.dpc.wa.gov.au](http://www.dpc.wa.gov.au) or on the Australian Government's Disaster Assist website at [www.disasterassist.gov.au](http://www.disasterassist.gov.au)

- End -

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# HEALTH & HAPPINESS

GOOD HEALTH, GOOD LIVING

## Healthy Mind

**H**ave you smiled today? Can't remember? Then you could be short-changing your health.

Smiling is more than just a way of showing warmth, appreciation or enjoyment. It can improve immunity, cut blood pressure and boost feel-good chemicals in your brain that reduce stress. If your smile is matched by an optimistic approach to life, you've got a win-win combination. Research shows optimists may live up to 12 years longer than people who are pessimistic.

### CREATE A HAPPINESS HIGH

To enjoy more happiness every day:

- ☺ **Watch What You Say:** Don't turn a hiccup into a catastrophe. When small problems arise, try saying "I'm upset" rather than "I'm absolutely devastated".
- ☺ **Reality Check:** If you're feeling anxious, ask yourself: 'What is the worst thing that could happen? Is the amount of stress I am experiencing equal to the situation?' It is possible that you are over-reacting.
- ☺ **Give Yourself Credit:** Remember that, as uncomfortable or unpleasant as any situation may be, you are, in fact, surviving it.
- ☺ **Know Your Strengths:** Recognise what makes you feel relaxed and confident and what makes you feel stressed or out of your depth. Play to your strengths and you will maximise your successes in everything from relationships to work and feel happier.
- ☺ **Believe In Yourself:** Acknowledge that you are a good person and that you are intelligent and appealing. Tell yourself that you deserve to be happy.

### SAVOUR SMALL PLEASURES

Easily accessible pleasures re-charge our batteries and provide fulfilling moments in our lives:

**A bunch of flowers** The colour, perfume and beauty of flowers instantly brightens a room. They also improve mood and heighten happiness, according to research.

**Coffee at a café** There's a reason why they say wake up and smell the coffee.

**Singing in the car** Reaching for the high notes and losing yourself in a song may help you live longer. Research indicates recreational singing not only benefits psychological wellbeing, it gives your lungs a workout.

**A long cuddle** A big hug with our loved ones makes us feel connected and intimate. Studies also show that a hug can help lower blood pressure.

**Twilight time** The gloaming is a beautiful time when the stars are peeping out and the world seems at peace. Encourage your partner and children to become stargazers and marvel at the night sky together.

By Susanne Graham  
MUGGON

# Hydrogen Peroxide

## ANTI-VIRAL

## ANTI-BACTERIAL

## ANTI-FUNGAL

Hydrogen peroxide is the only permicidal agent composed only of water and oxygen. Like ozone, it kills disease organisms by oxidation. Hydrogen peroxide is considered the worlds safest all natural effective sanitizer. It kills microorganisms by oxidizing them, which can be best described as a controlled burning process. When Hydrogen peroxide reacts with organic material it breaks down into oxygen and water.

- **Whiten Clothes—An Alternative to Bleach**

Add a cup of Peroxide to white clothes in your laundry to whiten them. Peroxide is great to get rid of blood stains on clothes and carpets. If there is blood on clothing, just pour directly on the spot, let it sit for about a minute, then rub and rinse with cold water. Repeat if necessary.

- **Health**

Your body makes Hydrogen peroxide to fight infection which must be present for our immune system to function correctly. White blood cells are known as Leukocytes. A sub class of Leukocytes called Neutrophils produce hydrogen peroxide as the first line of defense against toxins, parasites, bacteria, viruses and yeast.

- **Infections**

Soak any infections or cuts in 3% for five to ten minutes several times a day. Even gangrene that would not heal with any medicine has been healed by soaking in Hydrogen peroxide. Put half a bottle of hydrogen peroxide in your bath to help rid boils, fungus or other skin infections.

- **Wound Care**

3% H<sub>2</sub>O<sub>2</sub> is used medically for cleaning wounds, removing dead tissue and as an oral debriding agent. Peroxide stops slow (small vessel) wound bleeding/oozing as well. Some sources recommend soaking infections or cuts for five to ten minutes several times a day, however washing and rising action is sufficient. You shouldn't leave the solution on open tissue for extended periods of time as, like many oxidative antiseptics Hydrogen peroxide causes mild damage to tissue in open wounds. Therefore it is important to use with caution.

- **Rejuvenating Detoxifying Bath**

Use about 2 quarts 3% Hydrogen peroxide to a tub of warm water. Soak at least 1/2 hour, adding hot water as needed to maintain a comfortable water temperature.

- **Foot Fungus**

To cure a foot fungus, simply spray a 50/50 mixture of Hydrogen peroxide and water on them (especially the toes) every night and let dry.

- **Personal Care**

### Mouthwash/Tooth Care

Healing Properties—Take one capful (the little white cap that comes with the bottle) and hold in your mouth for 10 minutes daily, then spit it out. You will not have canker sores and your teeth will be whiter. If you have a terrible toothache and cannot get to a dentist right away, put a capful of 3% Hydrogen peroxide into your mouth and hold it for 10 minutes several times a day. The pain will lessen greatly.

*Compiled by Susanne Graham*





# Common cold

## Information to help you and your family this winter

### What is a cold?

Colds are caused by viruses and there are over 200 different types of viruses that can cause the cold.

It is possible to get one cold after another because our immune system hasn't yet encountered the different types of viruses. For this reason, children get colds more often than adults. Once you get over a cold, you become immune to that virus.

The common cold is not the same as the 'flu', which is also known as influenza. The flu is caused by a different virus (influenza A or B). Influenza is much more serious than a cold and can be life-threatening.

For more information on the flu, visit:  
[www.health.wa.gov.au/flu/home](http://www.health.wa.gov.au/flu/home)

### Symptoms

Usually involves a combination of:

- Runny or blocked nose
- Sore throat
- Fever (occasionally)
- Headache
- Cough
- Sneezing

Symptoms normally only last a few days and most people fully recover without any ongoing problems after 7-10 days.

A dry cough can last for up to 3 weeks even after you feel better.

Coloured discharge from the nose is a normal part of your immune response and doesn't mean that you need antibiotics.

### Antibiotics kill bacteria not viruses

Antibiotics do not help treat colds and overuse may lead to resistance, making them less effective when they are needed.

They can also cause many unwanted side effects such as allergic reactions, diarrhoea and thrush.

### Some medicines can help relieve the symptoms

Paracetamol is effective for fever and mild pain, and is a common ingredient in many 'cold and flu' medicines.

Make sure that you check the active ingredients on all product labels to ensure that you do not take a 'double dose' or give one to your child.

Nasal decongestants can help ease a blocked nose. They work in the nose by reducing blood flow and swelling, making it easier to breathe.

Sore throats can be relieved with sipping on a warm drink with lemon and honey, gargling salt water and sucking a lozenge.

Always ask your doctor or pharmacist for advice before using medicines, to make sure that it is safe for you or your child.

For more information about medicines and the common cold, visit:

[www.nps.org.au/conditions/common\\_cold](http://www.nps.org.au/conditions/common_cold)



# **Murchison Oasis Roadhouse**

**Proprietors: Geoff & Debbie Gard**

## **Opening Hours**

**Monday to Friday—7am to 7pm**

(Kitchen closes approx. 6.30 - if you ring we can accommodate for later)

**Saturday—7am to 6.30pm**

**Sunday—8am to 6pm**

(Kitchen will be open during opening hours on the weekend)

24 hour access to fuel bowser with card swipe facility available

## **Accommodation**

**Units: One double motel room @ \$75 per night for up to two people.**

**Two single units with three beds. First bed @ \$65 per night \$10 extra per person after that. i.e. 3 people = \$85 per night**

**Caravan Park: Powered sites @ \$25 per night for 2 people (\$5 per extra person per night)**

**Unpowered sites @ \$15 per night for 2 people (\$5 per extra person per night)**

**Shower only (no accommodation) \$5 per person.**

**Free BBQ available in gazebo**

**The Roadhouse is doing hot food to dine in or take away.**

**Pre-order your hot chickens the day before.**

**If you have a special occasion to celebrate then give Deb a ring and book in for a meal or have her prepare your catering for you.**

**Supply groceries, fresh meat, vegies, ice cold drinks , ice and confectionary. Pia energy cards and some medicines that our S2 license allows are also available.**

**If you can't see something you need PLEASE ask.**

**Phone: 08 99613875**

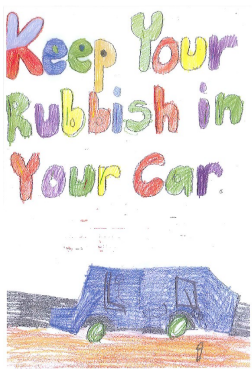
**Email: [murchisonoasis@westnet.com.au](mailto:murchisonoasis@westnet.com.au)**

## Design an Anti-Litter Poster

This was a competition that was held in November last year. The best posters were to be made into Road Signs and used to encourage people not to litter.

Well guess what? the signs are ready, we have 12 signs and they are being placed around our roads.

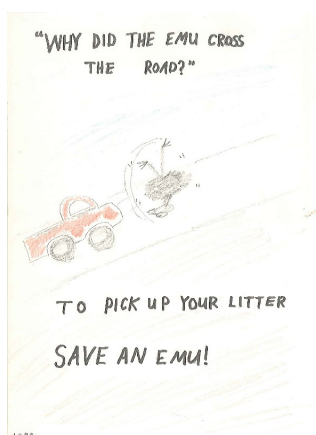
1st Prize was given to Zaine Narrier



2nd Prize to Ethan Mead



3rd Prize to Cobb Fowler



  
**BUSH HERITAGE**  
AUSTRALIA

*Our heart & soul*

  
**Perenjori**  
*Enkain Opportunity*



Bush Heritage Australia together with the Shire of Perenjori presents  
a day-night event that is set to engage, inspire and delight you all.

## **Charles Darwin Reserve Open Day & Blues for the Bush Concert**

**Saturday 4 October, 2014**  
**Charles Darwin Reserve, Perenjori WA**  
**10am – 12am**

Join our mailing list and be the first to hear about the good  
times we have in store. Visit our website for details.

[bluesforthebush.org.au](http://bluesforthebush.org.au)





# Melissa Price MP

## Federal Member for Durack



### Durack residents to have faster, easier access to hearing services

5 May 2014

Federal Member for Durack Melissa Price has welcomed a new Australian Government website aimed at helping Durack residents with hearing loss to receive the support they need sooner by making it easier to find information and apply for services.

"The new website conveniently links residents to their closest hearing services through the Australian Government Hearing Services Program. With just a few clicks, people can check their eligibility and apply for services online," Ms Price said.

"With one in six Australians experiencing hearing loss, this new website will ensure Durack residents have better access to up-to date information about hearing, what services are available and who provides them."

Ms Price said the website had been developed in close consultation with the hearing service industry and their clients.

"Hearing services providers are already using the website as part of a trial period, and the feedback has been overwhelmingly positive," Ms Price said.

"Managing information electronically replaces many of the paper forms, cutting red tape for clients and service providers. Through the new website, providers have already successfully processed thousands of client applications.

"There is already a significant reduction in the time that people have had to wait between applying for hearing services and actually receiving them."

To view the Department of Health's new hearing services website, please visit [www.hearingservices.gov.au](http://www.hearingservices.gov.au)

- End -

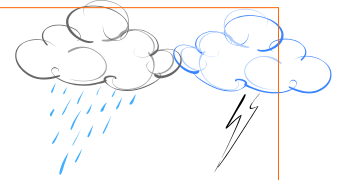
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Email:  
[Shannen.Wilkinson@aph.gov.au](mailto:Shannen.Wilkinson@aph.gov.au)



## 9 Months Later...



Jack decided to go to the Landor races with his mate Bob.

So they loaded up Jack's ute and headed north.

After driving for a few hours, they got caught in a terrible thunderstorm.

They pulled into a nearby homestead and asked the attractive lady who answered the door if they could spend the night.

'I realize its terrible weather out there and I have this huge house all to myself, but I'm 'I'm afraid the stockmen will talk if I let you stay in my house.'

'Don't worry,' Jack said. 'We'll be happy to sleep in the shed, and if the weather breaks, we'll be gone at first light. 'The lady agreed, and the two men found their way to the shed and settled in for the night.

Come morning, the weather had cleared, and they got on their way.

They enjoyed a great weekend at the races.

But about nine months later, Jack got an unexpected letter from an attorney.

It took him a few minutes to figure it out, but he finally determined that it was from the attorney of that attractive lady from the homestead he stayed at on his way to the races.

He dropped in on his friend Bob and asked, 'Bob, do you remember that good-looking lady from the station we stayed at on our way up north about 9 months ago?'

'Yes, I do.' said Bob

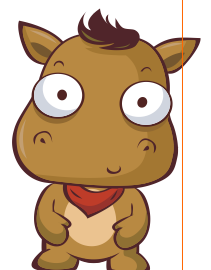
'Did you, er, happen to get up in the middle of the night, go up to the house and pay her a visit?'

'Well, um, yes!,' Bob said, a little embarrassed about being found out, 'I have to admit that I did.'

'And did you happen to give her my name instead of telling her your name?'

Bob's face turned beet red and he said, 'Yeah, look, I'm sorry, mate, I'm afraid I did.' 'Why do you ask?'

'She just died and left me everything.'



# Rain at Yuin

Here are some photos that you might find interesting.. All taken by Tom on extended exposure.

The first one is taken at 10.30pm on the 8th of May. Rossco is standing on the left, talking to Paul Squires across the water between the homestead and the quarters.



The second one is taken at 8.11pm looking north towards the wind generator .



This one was taken at 10.30pm looking southwest from Tom's veggie patch, which went completely underwater. (it is thriving now!)



Shire works crew pulled up after the rain south of Yuin.





## Kids Point of View—Marriage

### 1. How do you choose who to marry?

You got to find somebody who likes the same stuff. Like, if you like sports, she should like it that you like sports, and she should keep the chips and drinks coming.

-- Alan, age 9

-No person really decides before they grow up who they're going to marry. God decides it all way before, and you get to find out later who you're stuck with.

-- Kristen, age 8

### 2. What is the right age to get married:

Twenty-three is the best age because you know the person FOREVER by then..

-- Camille, age 9

### 3. How can a stranger tell if two people are married?

You might have to guess, based on whether they seem to be yelling at the same kids.

-- Derrick, age 8

### 4. What to you think your mom and dad have in common?

Both don't want any more kids.

-- Lori, age 8

### 5. What do most people do on a date?

Dates are for having fun, and people should use them to get to know each other. Even boys have something to say if you listen long enough.

-- Sarah, age 9 (isn't she a treasure)

On the first date, they just tell each other lies and that usually gets them interested enough to go for a second date.

-- Martin, age 10

### 6. When is it okay to kiss someone?

-When they're rich.

-- Laura, age 7

The law says you have to be eighteen, so I wouldn't want to mess with that.

-- Curt, age 7

The rule goes like this: If you kiss someone, then you should marry them and have kids with them. It's the right thing to do.

-- Howard, age 8

### 7. Is it better to be single or married?

It's better for girls to be single but not for boys. Boys need someone to clean up after them.

-- Anita, age 9

### 8. How would the world be different if people didn't get married?

There sure would be a lot of kids to explain, wouldn't there?

-- Kelvin, age 8

And the #1 Favourite is .....

### 9. How would you make a marriage work?

Tell your wife that she looks pretty, even if she looks like a dump truck.

-- Ricky, age 10



Brendon Stuart from Leinster receives the \$1,000 winner's cheque from Meekatharra Golf Club President, Clarrie Lauritsen

## Big amateur cheque goes east to Leinster

A \$1,000 cheque – said to be the largest amateur golf prize in the Midwest/Goldfields region – has been handed to this year's Net Men's Winner of the annual Sandfire Meekatharra Annual Open Golf Tournament. The cash prize is just within amateur golf trophy limits.

“The fantastic sponsorship from Sandfire Resources and Doray Minerals has made this year's Meeka Open a landmark event,” said Meekatharra Golf Club President Clarrie Lauritsen.

Shaun Ryan, General Manager of Sandfire's DeGrussa Copper Mine, said: “Sandfire is very proud to be associated with the Meekatharra Golf Club. The small group of members do an amazing job running a very professional tournament every year.”

Brendon Stuart from the Leinster Golf Club was this year's Men's Net winner, with an impressive stableford score of 70 points over the 27-hole event.

Brendon, who has become a regular player in the Sandfire Meekatharra Open, said he was thrilled with the win and loves coming to Meekatharra to enjoy the great course and fantastic outback hospitality.

The Ladies' Net Winner was Cecelia Jimenez from Sandstone Golf Club with the Men's Gross taken out by Clarrie Lauritsen (Meekatharra); the Ladies' Gross went to Lana Lefroy (Sandstone).

The tournament prelude – the Doray Ambrose Team Event – was won by a team from Fortescue Golf Club (Newman) with a net score of 53. Team members Warren and Debbie Sarginson, G Simpson and I Porter were surprised with their win but very happy to take out the major net prize for the Saturday tournament.

“Sandfire are already on board to sponsor next year's Meeka Open and it promises to be another awesome, fun weekend,” Clarrie Lauritsen said.

Ends

Contact: Roy McClymont Email: [rma@wn.com.au](mailto:rma@wn.com.au) Mob: 0417 989 076

## Dust of Uruzgan by Fred Smith



Fred Smith at Kamp Holland

Fred Smith combines beautiful songs, stunning projected photographs by military and civilian photographers and humorous and touching stories to bring us *Dust of Uruzgan*, a highly acclaimed album performed live with a two piece band and based on his time in Afghanistan as a diplomat and singer/songwriter. *Dust of Uruzgan* tells the story of the 20,000 young Australians who, for the last eight years, have made a difference in the war-ravaged country of Afghanistan.

The effect of this combination of mediums is powerful. Smith was actually there and the stories he tells are of real people and events. Audiences will leave the venue with a quiet sense of connecting with something real and important.

**This Presentation is scheduled to held on the 22<sup>nd</sup> of August 2014 in the Cue Shire Hall.**

*“A great work of art, a great suite of songs...an amazing thing if you get to see him perform it in concert”*

**Richard Glover, ABC 702 Radio**

*“An exceptional songwriter...a cycle of songs that are raw, remarkably honest ... that offers an intimate perspective on the war in Afghanistan.”*

**Bruce Elder, Sydney Morning Herald**

*“This is an unforgettable night out with a relaxed vibe overall and highly recommended for those who want a glimpse of Afghanistan beyond the headlines.”*

**Deborah Hawke, The Barefoot Review**

**Accommodation can be booked at Queen of the Murchison,  
Murchison Club Hotel or at our Caravan Park.**





# Emma's Sticky Baked Turkey Wings

## Ingredients

8 turkey wings, jointed into 2 pieces

### Marinade

1 cup light soy sauce

2 tablespoons honey

1/3 cup sweet chilli sauce

2 thumbs of fresh ginger, grated finely

4 cloves garlic, crushed or grated finely (I use a microplane grater for ginger and garlic)

1/2 teaspoon Chinese five spice

2 whole star anise (this is quite a strong flavour and if not to your liking it can be omitted)

Peeled rind and squeezed juice of one orange

1/2 cup of water

### Method

Mix all the marinade ingredients together. Put the wings in a large bowl and pour the marinade over them. Cover and sit in the fridge overnight or for as long as you have.

Preheat the oven (or barbecue) to 160 degrees Celsius. Line a tray (large enough to hold all the wings in a single layer) with baking paper. If a single sheet is not big enough to go up the sides of the tray then use two sheets folded together along the centre line a few times and then open out.

Place the wings in a single layer in the tray and pour the marinade over them. Cover the tray tight with foil and place in the oven.

Bake at 160 deg for about 1 1/2 hours then take out and remove the foil. Turn the wings over in the sauce.

Put the tray back in the oven, turn the heat up to 180 deg and bake for another 1/2 an hour, or until the wings are a lovely burnished colour and the meat is coming away from the bone.

These really are finger lickin' good but finger bowls might be a good idea!

This same recipe can also be used with pork ribs.

[Recipe kindly provided by Emma Foulkes-Taylor](#)



# Bobotie

If you attended Will's 50th Birthday party at Curbur then this is the recipe for Bobotie which was the lovely meal that was served. Colleen has had several request for the recipe and has kindly allowed us to share it with you.

## Herb Mix

15 g Curry powder

2 Tbsp Brown sugar

1 Tbsp Turmeric

2 tsp salt

1 tsp pepper

Add a few lumps of butter and saute 4-5 medium onions, roughly chopped.

## Now add

1kg mince and stir until pink colour disappears.

Remove from stove and add

125g raisins (optional)

30 g apricot jam

30ml vinegar

60g chutney

30ml Worcester sauce

30 ml Tomato paste

Stir and **add**

2 slices bread soaked in water

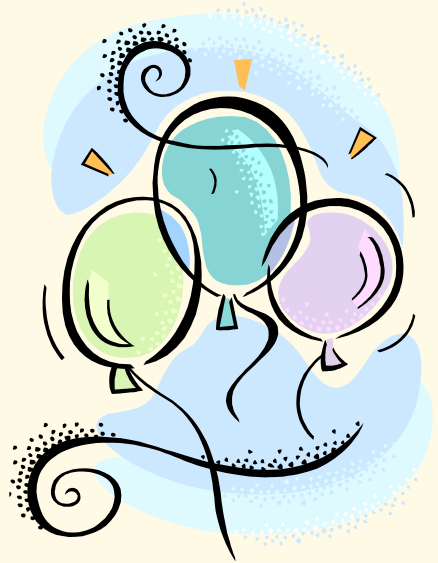
Cook 5 minutes

Place in dish

## Topping

Beat and pour over 375 milk + 2-3 eggs

Place in oven 45 minutes at 180° (350°) until firm and light brown



Serve with rice, sliced banana, coconut, onion and chutney

Happy 50th Birthday Will,



# Melissa Price MP

## Federal Member for Durack



### Trade support loans to build a stronger Australia

19 May 2014

Federal Member for Durack Melissa Price has welcomed the Abbott Government's Budget announcement that it will build a stronger economy by supporting apprentices to successfully complete their qualification.

The Government is delivering on its commitment to introduce Trade Support Loans for apprentices to encourage more young people to take up a trade and complete their qualification," Ms Price said.

"All too often, young apprentices do not complete their training because they cannot afford the costs associated with undertaking an apprenticeship.

"These loans will ease the financial burden and help increase apprenticeship completion rates.

Ms Price said apprentices in Durack will have access to \$20,000 over the entire period of their training with more support provided during the initial years when it is needed most.

The Trade Support Loans will be provide support of up \$8,000 in the first year of the apprenticeship, \$6,000 in the second, \$4,000 in the third and \$2,000 in the fourth.

"Apprentices who successfully complete their training will be rewarded. When an apprentice completes their training, 20 per cent of the loan, or up to \$4000, will be immediately deducted from the total of their loan," Ms Price said.

"Like HELP loans for tertiary students, the loans will be repayable once apprentices are earning a sustainable income."

The Trade Support Loans will specifically target occupations on the National Skills Needs List such as plumbers, diesel mechanics, electricians and fitters.

"These loans will provide real support for current apprentices to complete their skills training and provide a stronger incentive for young Australians to become apprentices," Ms Price said.

The Trade Support Loans programme replaces the Tools For Your Trade payment, which under Labor's administration had become an unaccountable hand out that did little to help apprentices complete their training, because it was only given in the later years instead of when apprentices needed it most.

Ms Price said Trade Support Loans will help more apprentices finish their training and get straight out into the workforce, by providing support across the entire period of their apprenticeship and providing an incentive to complete their course.

"We want people who start a training programme to actually finish it – and realise the opportunity of working in their chosen field," Ms Price said.

"The new Trade Support Loans are part of the Government's Economic Action Strategy to build a strong prosperous economy."

The Trade Support Loans programme will begin on July 1.

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Email:  
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# Children

Whenever your children are out of control, you can take comfort from the thought that even God's omnipotence did not extend to his own children.

After creating heaven and earth, God created Adam and Eve.

And the first thing he said was 'DON'T!'



Don't What? Adam replied.

Don't eat the forbidden fruit God said.

Forbidden fruit? ... We have forbidden fruit? .... Hey Eve... we have forbidden fruit!



'Do NOT eat the fruit!' said God.

'Why?'

'Because I am you father and I said so!' God replied, wondering why he hadn't stopped creation after making the elephants.

A few minutes later God saw his children having an apple break and He was ticked off!

'Didn't I tell you not to eat the fruit?' God asked.

'Uh huh,' Adam replied.

'Then why did you?' said the Father.

'I don't know,' said Eve.

'She started it!' Adam said.

'Did not !'

'Did too!'

'DID NOT!'

Having had it with the two of them, God's punishment was that Adam and Eve should have children of their own. Thus the pattern was set and it has never changed.



If you have persistently and lovingly tried to give children wisdom and they haven't taken it, don't be hard on yourself.

If God had trouble raising children, what makes you think it would be a piece of cake for you?

## THINGS TO THINK ABOUT !

1. You spend the first two years of their life teaching them to walk and talk. Then you spend the next sixteen telling them to sit down and shut up.
2. Grandchildren are God's reward for not killing your own children.
3. Mothers of teens now know why some animals eat their young.
4. Children seldom misquote you. In fact, they usually repeat word for word what you shouldn't have said.
5. The main purpose of holding children's parties is to remind yourself that there are children more awful than your own.
6. We childproofed our homes, but they are still getting in.

## ADVICE FOR THE DAY:

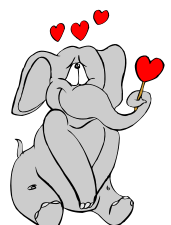
Be nice to your kids..

They will choose your nursing home one day!

## AND FINALLY:

If you have a lot of tension and you get a headache, do what it says on the aspirin bottle:

'Take two aspirin' and 'keep away from children'!!!



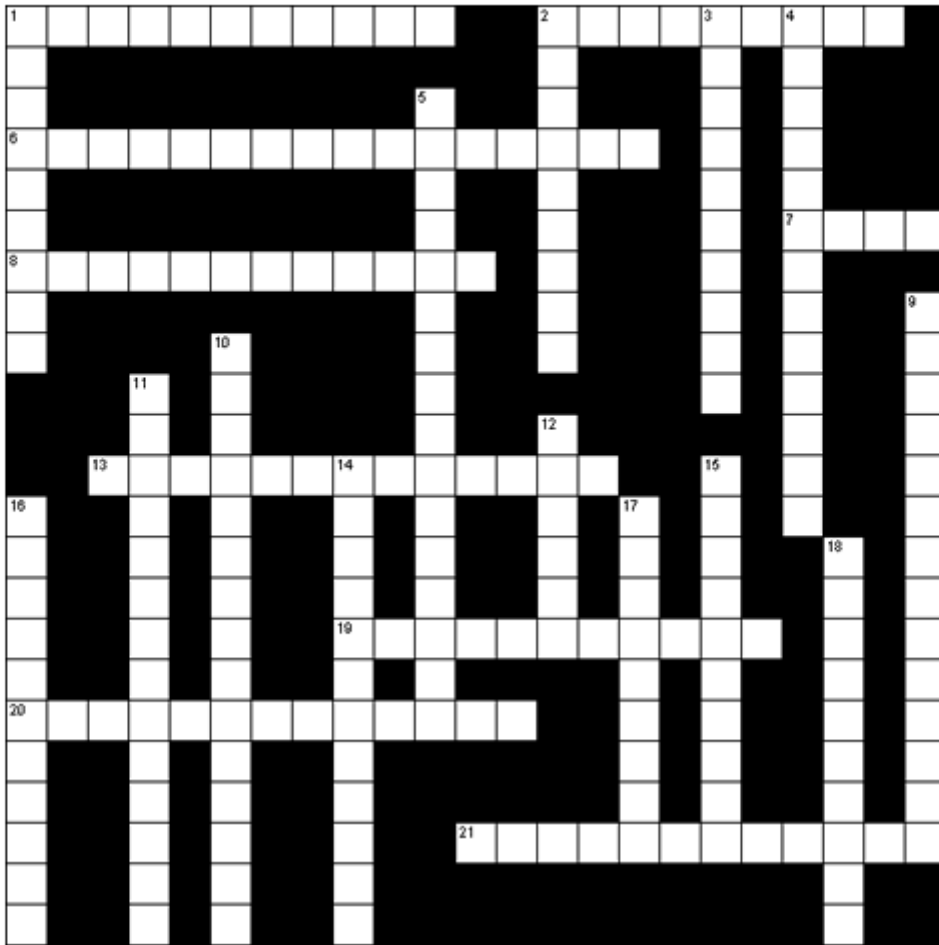
# Quiz

1. Name the one sport in which neither the spectators nor the participants know the score or the leader until the contest ends.
2. What famous North American landmark is constantly moving backward?
3. Of all vegetables, only two can live to produce on their own for several growing seasons. All other vegetables must be replanted every year. What are the only two perennial vegetables?
4. What fruit has its seeds on the outside?
5. In many liquor stores, you can buy pear brandy, with a real pear inside the bottle. The pear is whole and ripe, and the bottle is genuine; it hasn't been cut in any way. How did the pear get inside the bottle?
6. Only three words in standard English begin with the letters 'dw' and they are all common words. Name two of them.
7. There are 14 punctuation marks in English grammar. Can you name at least half of them?
8. Name the only vegetable or fruit that is never sold frozen, canned, processed, cooked, or in any other form except fresh.
9. Name 6 or more things that you can wear on your feet beginning with the letter 'S'.

## Answers:

1. The one sport in which neither the spectators nor the participants know the score or the leader until the contest ends: Boxing.
2. North American landmark constantly moving backward: Niagara Falls. The rim is worn down about two and a half feet each year because of the millions of gallons of water that rush over it every minute.
3. Only two vegetables that can live to produce on their own for several growing seasons: Asparagus and rhubarb.
4. The fruit with its seeds on the outside: Strawberry.
5. How did the pear get inside the brandy bottle? It grew inside the bottle. The bottles are placed over pear buds when they are small, and are wired in place on the tree. The bottle is left in place for the entire growing season. When the pears are ripe, they are snipped off at the stems.
6. Three English words beginning with dw: Dwarf, dwell and dwindle...
7. Fourteen punctuation marks in English grammar: Period, comma, colon, semicolon, dash, hyphen, apostrophe, question mark, exclamation point, quotation mark, brackets, parentheses, braces, and ellipses.
8. The only vegetable or fruit never sold frozen, canned, processed, cooked, or in any other form but fresh: Lettuce.
9. Six or more things you can wear on your feet beginning with 'S': Shoes, socks, sandals, sneakers, slippers, skis, skates, snowshoes, stockings, stilts.

# CROSSWORD PUZZLE—FAMOUS PEOPLE



## Clues - Famous People

### Across

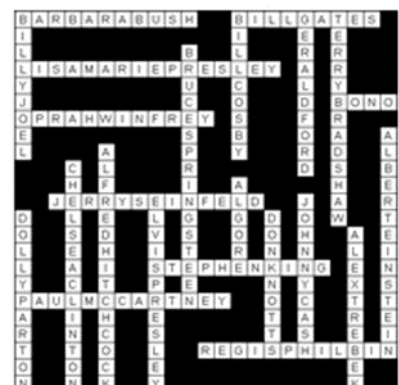
- 1 Wife & mother of a US president
- 2 Windows maker
- 6 A king's daughter
- 7 U2's front man
- 8 Richest talk show host
- 13 Co-creator with Larry David
- 19 Horror writer
- 20 A Beatle
- 21 Former sidekick Kathy Lee

### Down

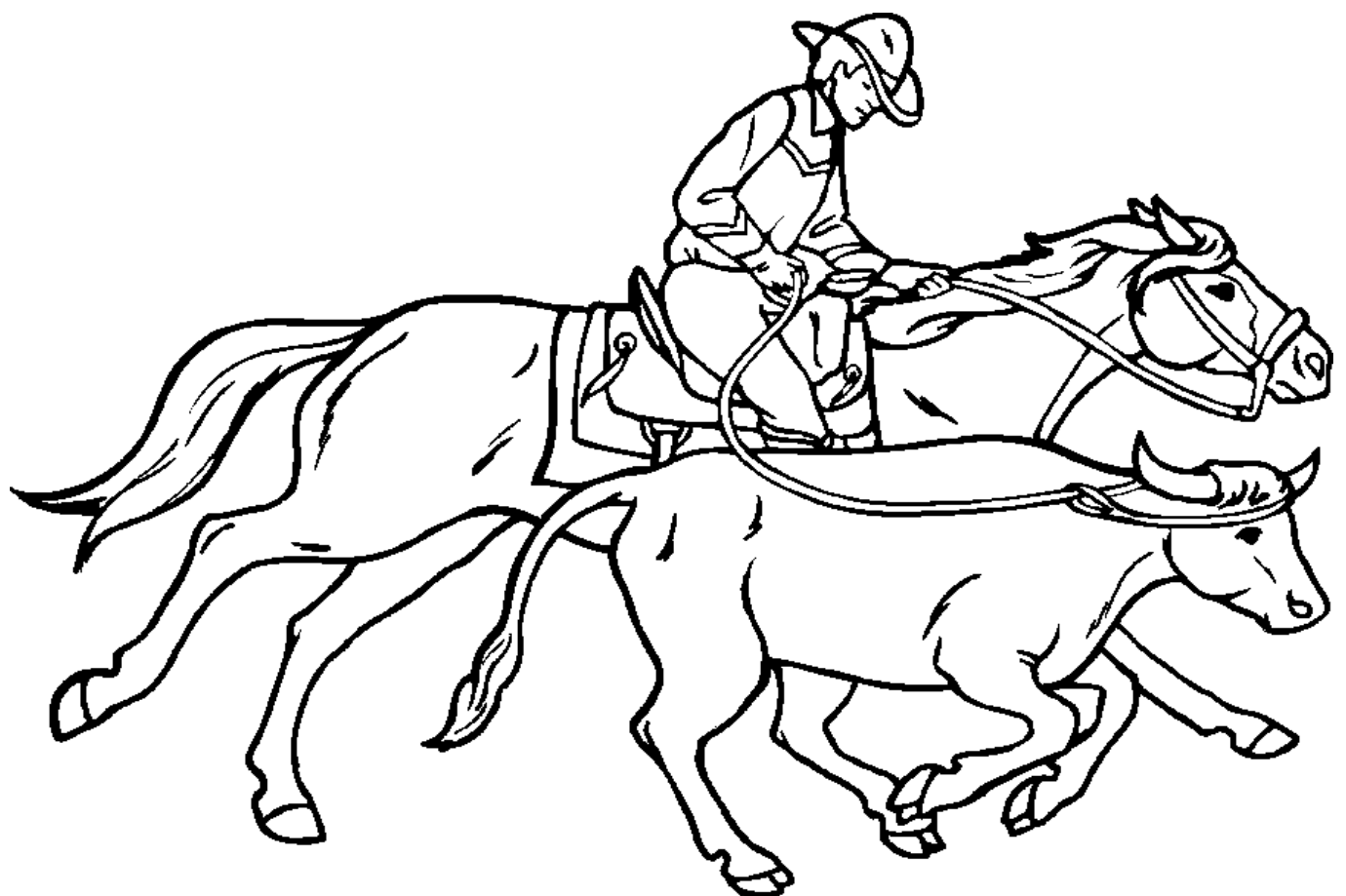
- 1 Sings "Bigshot"
- 2 Fat Albert
- 3 A resignation made him president
- 4 Former Steeler leader
- 5 Sings with Tony Soprano's consigliere
- 9 Theory of relativity
- 10 The master of suspense(AH)

- 11 A president's daughter
- 12 A US vice-president
- 14 A king in his field
- 15 Ring of fire
- 16 Created Dollywood
- 17 Famous deputy
- 18 The question is . . .

## Answers







## June 2014

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
<i>WA Day</i>	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	<i>Council Meeting</i>	22
23	24	25	26	27	28	29
30						

## July 2014

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<i>Murdoch visit Murchison</i>	1	2	3	4	5	6
7	8	9	10	11	<i>Murchison Polox</i>	<i>Murchison Polox</i>
1	15	16	17	<i>Council Meeting</i>	19	20
21	22	23	24	25	26	27
28	29	30	31			

## August 2014

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	<i>Wescarpade Ballythuna</i>
4	5	6	7	8	9	10
11	12	13	14	<i>Council Meeting</i>	16	17
18	19	20	21	22	<i>Mullewa Polox</i>	<i>Mullewa Polox</i>
25	26	27	28	29	<i>Mullewa Ag Show</i>	31